# Associated \& Catholic Colleges Of Western Australia (Inc) 

Charter of Operations for

Inclusive Sport Fun Run Activity Day
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### 1.0 General information

The Inclusive Sport Program Fun Run Activity Day is held annually each year and provides students with a disability the opportunity to participate in a cross-country running event, as well as other sporting and fun activities. The event is open to all students with a disability whether in an education support unit or not. A BBQ is also provided at the end of the event, providing students with the opportunity to socialise with students from other schools.

DATE $\quad$ Friday $24^{\text {th }}$ May 2024

VENUE Jackadder Lake Reserve, Rosewood Ave, Woodlands, 6018


FACILITIES

- Public toilet block
- Picnic tables and BBQ
- Playground

TIME 10:00am-1:30pm
*Schools are asked to arrive at 9:30am for school set up

COST Costs for the day will be shared amongst participating schools which include BBQ lunch, medallions, marquees and venue hire.

### 2.0 Nomination of students

Any student with a disability (Years 7 to 12), whether enrolled in an Education Support unit or not, is eligible to attend.
$>$ Fun Run nominations are to be received by the ACC office no later than Friday $10^{\text {th }}$ May 2024
$>$ No late nominations will be accepted.
$>$ Student names MUST be included on the nomination form so that suitable provisions can be made.
Nominations are to be submitted online via a web form on the ACC website, via the following link : https://www.accsport.asn.au/carnivals/inclusive-sports-program/isp-fun-run-activity-day/nominations

### 3.0 Supervision

Schools nominating students must make arrangements for adequate supervision.

School supervising staff are required to assist with student needs throughout the day.
All nominated schools will provide one staff member to supervise a section of the course. They must have a mobile phone so they can be contacted and/or can contact the Sports Administration Officer or First Aid Officer in the event of an emergency. This information must be submitted via the online nomination web form. The Sport Operations Manager (Inclusion) will brief the course officials prior to the commencement of the event.

### 4.0 First Aid

The ACC will provide a senior first aid officers via St John Ambulance at the event which will be an oncost for all participating schools.

Students receiving First Aid care from facility staff must be under the supervision of a staff member that their relevant case history and specific needs are communicated to the facility staff.

### 5.0 Spectators

Spectators are to be supervised by staff at all times and participate in the Fun Run at their own risk.

### 6.0 Shade/Weather/Protection

All schools are encouraged to source their own provisions for shade/shelter/protection. In the event that the forecast for the day is for inclement weather, the ACC will SMS all Inclusive Sport Coordinators attending and advise accordingly by 8.30am on the morning of the carnival.

A small number of marquees will be provided and set-up in a small area at the venue for schools to use. Schools with a large number of participants and staff are asked to please bring along their own marquee. Available marquees can be used and shared by all schools. However, not all attending schools will be able to fit under the available marquees.

### 7.0 Format of the day

The event will begin with all students participating in a eross-country run around the Jackadder Reserve Lake. The distance around the lake is approximately 1.3 km , students to the best of their abilities will complete 2 laps around the lake, approximately a 2.6 km course.

The remainder of the day will see students placed into mixed school and gender groups and participate in variety sporting/recreational activities. Students will rotate through activities every 20 minutes signalled by a central hooter.

Each attending school is to provide a sporting/recreational game or activity for the day. The school will provide all equipment for the activity, provide staff to supervise and facilitate the activity, as well as facilitate the setup and pack down of the activity. Please see example of activities from previous years in appendix 1.0

After four rotations, students will gather for lunch and a BBQ lunch provided by the ACC and volunteers from the host school.

| PROGRAM OF EVENTS |  |
| :--- | :--- |
| 9:30am | Schools are to be on site and set up with their shelter for the day <br> ahead arrive at the venue no later than 9:30am for setup. |
| 9:45am | Course Supervisor briefing <br> students. |
| 9:55am | $-\quad$Students are ushered to the starting line. <br> $-\quad$ Starting gun will sound the commencement of the run. <br> Students will run or walk at their best pace, 2 full laps around <br> the Lake. <br> 10:00am |
| Until 11am is allocated for students to finish the course. |  |

### 8.0 Medallions and Sue Bigelow Spirit Shield

The first three participants to finish the cross-country $2 k \mathrm{~km}$ course in both the boys and girls gender groups will receive a medallion.

At the conclusion of the day the host school in consultation with ACC staff will award the Sue Bigelow Spirit Shield to one of the attending schools. The winner of the award will be the school that most embodies the ACC maxim of "Sport in the Right Spirit" and its students and staff display the characteristics of team spirit, personal development and leadership.

## Appendix 1.0 Schools activity example

| SCHOOL | ACTIVITY |
| :--- | :--- |
| MLC | Tunnel Ball |
| Seton Catholic College | Energisers |
| Kolbe Catholic College | Goal Ball |
| Mercedes College | Time Bomb |
| Lumen Christi College | Soccer |
| La Salle College | Bean Bag games |
| Trinity | Kickball |
| Servite College | Egg Races |
| John XXIII | Connect 4 |
| Prendiville | Musical statues |

Appendix 2.0 Fun Run \& activity day set up
** Subject to change with the confirmed site map forming part of the event day program **


## Appendix 2.0 Jackadder Lake Cross-Country Trail

** Marshal locations subject to change, dependant on total school nominations. Confirmed map will form part of the event day program **


